

Winter 2022 Programs

STEVESTON COMMUNITY CENTRE

Details and schedules are subject to change. Thank you for your patience.









WINTER 2022

How to Register

Online: richmond.ca/register
Log on any time to self register.

Phone: 604-276-4300

Contact the Registration Call Centre,

Monday-Friday, 8:30-5:00pm.

In-Person: Drop-in and register at any location.

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Steveston Community Centre Staff

Area Coordinator: Steve Baker

Community Facilities Coordinator: Alex Homeniuk Community Facilities Coordinator: Kendall Herder

Recreation Leader: Ryan Murao

Acting Recreation Facility Clerk: Isabel Wong

Building Service Worker: Ivan Ng
Fitness Coordinator: Jeannie Mansell
Preschool Coordinator: Catherine Nevada
Racquet Sports Coordinator: Stephen Thom

Seniors Coordinator: Liliene Yee

Youth Development Coordinator: Isabel Wong Administrative Assistant: Debby Newton Special Events Coordinator: Kendall Herder



Facility

Steveston Community Centre

4111 Moncton Street stevestoncc@richmond.ca 604-238-8080

Winter Hours of Operation

Monday to Friday: 6:00 am to 9:30 pm Saturday & Sunday: 7:30 am to 6:00 pm



HOW TO REGISTER

HOW TO REGISTER YOURSELF AND YOUR FAMILY....



8:30am - 5:30pm



Online: www.richmond.ca/register
Register online anytime using our online interactive guide.

24 hours a day, 7 days a week



In-Person
Drop-in and register at any location.

REFUNDS/WITHDRAWALS/TRANSFERS

To receive a refund, withdrawal or transfer from a program or class, customers are to phone the Registration Call Centre at 604 276 4300, Monday to Friday, 8:30am to 5:00pm. To withdraw or transfer outside of Registration Call Centre hours, phone the facility offering the class directly.

SEASONAL PROGRAMS

Unless otherwise specified (on the registration confirmation/alert text:

- If notice is given prior to the beginning of the third session of the class, a refund, less classes taken, will be provided.
- If notice is given after the beginning of the third session, no refund will be given.

PRIVATE/SEMI-PRIVATE LESSIONS (MUSIC, AQUATICS AND SKATING), AQUATIC LEADERSHIP COURESES

- If notice is given 72 hours prior to the start of the course, a full refund will be provided
- If notice is given less than 72 hours prior to the start of the course, no refund will be provided

SHORT PROGRAMS (1 WEEK OR LESS), CAMPS AND WORKSHOPS

Unless otherwise specified:

- If less than one week's notice given, 50% of the fee will be provided
- If notice is given on or after the start date of the program, no refund will be provided.
- Transfers will be allowed with 72 hours notice prior to the start date of the program.

REGISTERED VISITS (FITNESS CENTRE, SWIMMING AND SKATING), COURT BOOKINGS AND SINGLE SESSION FITNESS CLASSES

- If notice is given a minimum of 4 hours prior to the start of the session, a full refund will be provided.
- If notice is given less than 4 hours prior to the start of the session, or you do not attend, no refund will be provided and the No Show Procedure will apply.
- Visit. <u>www.richmond.ca/register</u> for how to cancel your session, as well as information on the <u>No Show</u> <u>Procedure.</u>

WHY GREAT COURSES GET CANCELLED

Great courses can be cancelled if everyone leaves it to the last minute to register. Programming staff have to ensure *minimum participation levels* are met for each course. If there are not enough registrants, the course may be cancelled. So, *please register early* to assist us and avoid disappointment.

PRESCHOOLERS

MUSIC

MUSIC-PARENT & TOT

Jan 14 - Mar 11	F	9:15-9:45am	\$34.75/9 sess	1-5yrs	#114481
Jan 14 - Mar 11	F	10:00-10:30am	\$34.75/9 sess	1-5yrs	#114482
Jan 14 - Mar 11	F	10:45-11:15am	\$34.75/9 sess	1-5yrs	#114485
Jan 14 - Mar 11	F	11:30-12:00pm	\$34.75/9 sess	1-5yrs	#114487
Jan 15 - Mar 12	Sa	9:15-9:45am	\$34.75/9 sess	1-5yrs	#114488
Jan 15 - Mar 12	Sa	10:00-10:30am	\$34.75/9 sess	1-5yrs	#114490
Jan 15 - Mar 12	Sa	10:45-11:15am	\$34.75/9 sess	1-5yrs	#114496
Jan 15 - Mar 12	Sa	11:30-12:00pm	\$34.75/9 sess	1-5yrs	#114499

DANCE

BALLET - PARENT & TOT

Jan 16 - Mar 13	Su	2:30-3:00pm	\$30.90/8 sess	1-3yrs	#114548
Jan 16 - Mar 13	Su	3:05-3:35pm	\$30.90/8 sess	1-3yrs	#114549

BALLET

Jan 20 - Mar 10	Th	4:00-4:45pm	\$46.30/8 sess	4-6yrs	#114545
Jan 20 - Mar 10	Th	4:55-5:30pm	\$46.30/8 sess	4-6yrs	#114546

SPORTS

MULTISPORT SKILLS

Jan 16 - Mar 13	Su	10:00-11:00am	\$46.00/8 sess	3-5yrs	#114509
Jan 16 - Mar 13	Su	11:15-12:15pm	\$46.00/8 sess	3-5yrs	#114513
Jan 19 - Mar 9	W	3:30-4:30pm	\$46.00/8 sess	3-5yrs	#114515







PRESCHOOLERS

VISUAL ARTS

ARTS FOR TWOS

Jan 9 - Jan 30	Su	1:00-1:45pm	\$23.15/4 sess	2-3yrs	#111824
Jan 9 - Jan 30	Su	2:00-2:45pm	\$23.15/4 sess	2-3yrs	#111826
Feb 6 - Mar 6	Su	1:00-1:45pm	\$23.15/4 sess	2-3yrs	#111828
Feb 6 - Mar 6	Su	2:00-2:45pm	\$23.15/4 sess	2-3yrs	#111836

CLAY HANDBUILDING

Jan 11 - Mar 8 Tu 3:30-4:30pm \$69.50/9 sess 3-5yrs #111822

RACQUET SPORTS

TENNIS (1.0-2.) - PARENT AND TOT

Jan 9 - Mar 6	Su	9:45-10:30am	\$90.20/8 sess	3-5yrs	#111848
Jan 10 - Mar 7	М	3:45-4:30pm	\$90.20/8 sess	3-5yrs	#111912
Jan 11 - Mar 8	Tu	4:45-5:30pm	\$101.45/9 sess	3-5yrs	#111990



Spaces are available in our 2021/2022 School Year Preschool Programs including Rainbow, Steveston Explorers and Little Anchors!

• For more information regarding our preschool programs and to register, please contact Kendall at 604-238-6133 or kherder@richmond.ca

RACQUET SPORTS

TENNIS (1.0-2.0) - PA	RENT AND CHILD			
Jan 9 - Mar 6	Su	9:30-10:30am	\$120.25/8 sess	6-9yrs	#111756
Jan 11 - Mar 8	Tu	5:30-6:30pm	\$135.25/9 sess	6-9yrs	#113560
Jan 12 - Mar 9	W	5:30-6:30pm	\$135.25/9 sess	6-9yrs	#113563
Jan 13 - Mar 10	Th	4:30-5:30pm	\$135.25/9 sess	6-9yrs	#113564
TENNIS (1.0-2.0) - BE	GINNER - CHILDRE	N		
Jan 9 - Mar 6	Su	10:30-11:30am	\$120.25/8 sess	6-9yrs	#111843
Jan 10 - Mar 7	M	3:30-4:30pm	\$120.25/8 sess	6-9yrs	#111872
Jan 11 - Mar 8	Tu	3:30-4:30pm	\$135.25/9 sess	6-9yrs	#111978
Jan 12 - Mar 9	W	4:30-5:30pm	\$135.25/9 sess	6-9yrs	#113467
Jan 14 - Mar 11	F	3:30-4:30pm	\$120.25/8 sess	6-9yrs	#113468
TENNIS (2.0-3.0) - IN	TERMEDIATE - CH	ILDREN		
Jan 10 - Mar 7	М	4:30-5:30pm	\$120.25/8 sess	6-9yrs	#111900
Jan 12 - Mar 9	W	3:30-4:30pm	\$135.25/9 sess	6-9yrs	#113533
Jan 13 - Mar 10	Th	3:30-4:30pm	\$135.25/9 sess	6-9yrs	#113534
Jan 14 - Mar 11	F	4:30-5:30pm	\$120.25/8 sess	6-9yrs	#113537
TENNIS (1.0-2.0) - BE	GINNER - PRETEEI	V		
Jan 9 - Mar 6	Su	11:30-12:30pm	\$120.25/8 sess	9-12yrs	#111844
Jan 10 - Mar 7	М	5:30-6:30pm	\$120.25/8sess	9-12yrs	#111917
Jan 11 - Mar 8	Tu	4:30-5:30pm	\$135.25/9 sess	9-12yrs	#111982
Jan 12 - Mar 9	W	4:30-5:30pm	\$135.25/9 sess	9-12yrs	#113529
Jan 14 - Mar 11	F	3:30-4:30pm	\$120.25/8 sess	9-12yrs	#113530
TENNIS (2.0-3.0) - IN	TERMEDIATE - PRE	TEEN		
) Jan 11 - Mar 8	, Tu	3:30-4:30pm	\$135.25/9 sess	9-12yrs	#111984
Jan 12 - Mar 9	W	3:30-4:30pm	\$135.25/9 sess	9-12yrs	#113539
Jan 13- Mar 10	Th	4:30-5:30pm	\$135.25/9 sess	9-12yrs	#113540
Jan 14 - Mar 11	F	•	\$120.25/8 sess	-	#113555
TENNIS (3 0-4 (n) - Δ	DVANCED - PRETE	FN	·	
•	•			0 10	#444000
Jan 9 - Mar 6	Su	2:45-4:15pm	\$195.30/8 sess	9-12yrs	
Jan 10 - Mar 7	М	5:30-6:30pm	\$130.15/8 sess	9-12yrs	#111905

RACQUET SPORTS

BADMINTON - BEGINNER - CHILDREN

Jan 10 - Mar 7 M 3:45-4:45pm \$46.00/8 sess 6-9yrs **#113895** Jan 13 - Mar 10 Th 3:30-4:30pm \$51.75/9 sess 6-9yrs **#113819**

BADMINTON - INTERMEDIATE - PRETEEN

Jan 13 - Mar 10 Th 4:35-5:35pm \$51.75/9 sess 9-12yrs #113823

SPORTS

BASKETBALL SKILLS

Jan 15 - Feb 26 Sa 10:30-11:30am \$40.25/7 sess 9-12yrs #115307

BASKETBALL

Jan 16 - Mar 13 Su 12:30-1:30pm \$46.00/8 sess 6-9yrs #114518

BASKETBALL FOR GIRLS

Jan 19 - Mar 9 W 6:00-7:00pm \$46.00/8 sess 6-9yrs #114523

SOCCER

Jan 19 - Mar 9 W 4:45-5:45pm \$46.00/8 sess 6-9yrs #114520

MARTIAL ARTS

TAEKWANDO: BEGINNERS

Jan 15 - Mar 12 Sa 9:30-10:30am \$56.00/7 sess 6+yrs #114471

TAEKWANDO: INTERMEDIATE

Jan 15 - Mar 12 Sa 10:30-11:30am \$56.00/7 sess 6+yrs #114478

CHILDREN

DANCE

BALLET

Jan 20 - Mar 10 Th 5:50-6:35pm \$46.30/8 sess 6-9yrs #114556

VISUAL ARTS

CLAY HANDBUILDING

Jan 11 - Mar 8 Tu 4:45-5:45pm \$69.50/9 sess 6-9yrs #111841

DRAWING AND SKETCHING

Jan 13 - Mar 10 Th 3:30-4:30pm \$69.50/9 sess 6-9yrs #111758

CRAFT COMBO

Jan 11 - Feb 8 Tu 3:30-5:30pm \$57.90/5 sess 6-9yrs **#111742** Feb 15 - Mar 15 Tu 3:30-5:30pm \$57.90/5 sess 6-9yrs **#111751**

KNITTING - BEGINNERS AND BEYOND

Jan 6 - Feb 3 Th 4:00-5:00pm \$38.60/5 sess 8-12yrs **#112619** Feb 10 - Mar 10 Th 4:00-5:00pm \$38.60/5 sess 8-12yrs **#112946**

LANGUAGES

KOREAN - BEGINNER

Jan 5 - Mar 9 W 4:15-5:15pm \$77.20/10 sess 6-12yrs #112641

KOREAN - INTERMEDIATE

Jan 5 - Mar 9 W 5:30-6:30PM \$77.20/10 sess 6-12yrs #112649

MUSIC

PIANO PRIVATE LESSONS - ALL AGES

Jan 15 - Mar 12	Sa	10:00-10:30am	\$240.00/8 sess	5+yrs	#114652
Jan 15 - Mar 12	Sa	10:35-11:05am	\$240.00/8 sess	5+yrs	#114654
Jan 15 - Mar 12	Sa	11:10-11:40am	\$240.00/8 sess	5+yrs	#114656
Jan 15 - Mar 12	Sa	11:45-12:15pm	\$240.00/8 sess	5+yrs	#114657
Jan 15 - Mar 12	Sa	12:20-12:50pm	\$240.00/8 sess	5+yrs	#114661
Jan 15 - Mar 12	Sa	12:55-1:25pm	\$240.00/8 sess	5+yrs	#114664
Jan 17 - Mar 7	М	3:30-4:00pm	\$210.00/7 sess	5+yrs	#114601
Jan 17 - Mar 7	M	4:05-4:35pm	\$210.00/7 sess	5+yrs	#114606
Jan 17 - Mar 7	М	4:40-5:10pm	\$210.00/7 sess	5+yrs	#114608
Jan 17 - Mar 7	M	5:15-5:45pm	\$210.00/7 sess	5+yrs	#114610
Jan 17 - Mar 7	M	5:50-6:20pm	\$210.00/7 sess	5+yrs	#114638
Jan 17 - Mar 7	M	6:25-6:55pm	\$210.00/7 sess	5+yrs	#114639
Jan 19 - Mar 9	W	3:30-4:00pm	\$240.00/8 sess	5+yrs	#114641
Jan 19 - Mar 9	W	4:05-4:35pm	\$240.00/8 sess	5+yrs	#114643
Jan 19 - Mar 9	W	4:40-5:10pm	\$240.00/8 sess	5+yrs	#114645
Jan 19 - Mar 9	W	5:15-5:45pm	\$240.00/8 sess	5+yrs	#114646
Jan 19 - Mar 9	W	5:50-6:20pm	\$240.00/8 sess	5+yrs	#114647
Jan 19 - Mar 9	W	6:25-6:55pm	\$240.00/8 sess	5+yrs	#114649

GUITAR OR UKULELE PRIVATE LESSONS - ALL AGES

Jan 18 - Mar 8	Tu	3:30-4:00pm	\$240.00/8 sess	5+yrs	#114593
Jan 18 - Mar 8	Tu	4:05-4:35pm	\$240.00/8 sess	5+yrs	#114594
Jan 18 - Mar 8	Tu	4:40-5:10pm	\$240.00/8 sess	5+yrs	#114595
Jan 18 - Mar 8	Tu	5:15-5:45pm	\$240.00/8 sess	5+yrs	#114596
Jan 18 - Mar 8	Tu	5:50-6:20pm	\$240.00/8 sess	5+yrs	#114598
Jan 18 - Mar 8	Tu	6:25-6:55pm	\$240.00/8 sess	5+yrs	#114600

WORKSHOPS

STAY SAFE - PRETEEN

Jan 31	M	10:00-2:00pm	\$54.60/1 sess	9-12yrs	#115407
Feb 18	F	10:00-2:00pm	\$54.60/1 sess	9-12vrs	#115409

RACQUET SPORTS

TENNIS - BEGINNER (1.0-2.0)

Jan 9 - Mar 6	Su	1:45 - 2:45pm	\$120.25/8 sess	13-18yrs #111834
Jan 10 - Mar 7	M	4:30 - 5:30pm	\$120.25/8 sess	13-18yrs # 113420
Jan 13 - Mar 10	Th	5:30 - 6:30pm	\$135.25/9 sess	13-18yrs #113585

TENNIS - INTERMEDIATE (2.0-3.0)

Jan 11 - Mar 8	Tu	6:30 - 7:30pm	\$135.25/9 sess	13-18yrs #111961
Jan 12 - Mar 9	W	5:30 - 6:30pm	\$135.25/9 sess	13-18yrs #113583

TENNIS - ADVANCED (3.0-4.0)

Jan 9 - Mar 6	Su	1:45 - 3:30pm	\$227.80/8 sess	13-18yrs # 111782
lan 14 - Mar 11	F	4:30 - 6:30pm	\$260.30/8 sess	13-18yrs #113582

BADMINTON - INTERMEDIATE

Jan 10 - Mar 7	М	4:55 - 6:10pm	\$57.50/8 sess	13-18yrs #113866
Jan 13 - Mar 10	Th	5:45 - 7:00pm	\$64.70/9 sess	13-18yrs #113825



SPORTS

BASKETBALL DEVELOPMENT

Jan 15 - Feb 26 Sa 11:45-12:45pm \$40.25/7 sess 13-18yrs #115306

ARTS - VISUAL

KNITTING - BEGINNER AND BEYOND

Jan 6 - Feb 3 Th 5:15 - 6:15pm \$38.60/5 sess 13-18yrs **#112944** Feb 10 - Mar 10 Th 5:15 - 6:15pm \$38.60/5 sess 13-18yrs **#112945**

ARTS - DANCE

K-POP DANCING

Jan 17 - Mar 7 M 4:00 - 5:00pm \$54.05/7 sess 13-18yrs #115308

GENERAL INTEREST

STEVESTON UNITED PEERS

Jan 11 - Mar 10 Tu/Th 3:00-6:00pm \$180.00/18 sess 13-18yrs #115305

BABYSITTING BASICS

 Jan 22
 Sa
 9:00-5:00pm
 \$65.10/1 sess
 11-16yrs
 #115411

 Feb 26
 Sa
 9:00-5:00pm
 \$65.10/1 sess
 11-16yrs
 #115421

PRETEEN YOUTH HANGOUT

PLEASE CHECK BACK FOR START DATE AND TIMES

YOUTH HANGOUT

PLEASE CHECK BACK FOR START DATE AND TIMES

Follow us on Social Media!



@cityofrichmondyouth



www.richmond.ca/youth



SPRING BREAK CAMPS

INFORMATION

CAMPERS TO BRING (IF APPLICABLE):

- A nut-free and healthy non-microwavable lunch and/or snack
- Filled water bottle
- Weather-and activity appropriate clothing and footwear

REQUIRED:

A completed *Informed Consent and Permission Form* and *recent photo of child* must be submitted *one week prior to start of camp.* Find forms at <u>www.richmond.ca/camps</u>

PRESCHOOL - LICENSED

Mar 14 - Mar 18	M/Tu/W/Th/F	9:00-1:00pm	\$157.00/5 sess 3-5yrs	#111268
Mar 21 - Mar 25	M/Tu/W/Th/F	9:00-1:00pm	\$157.00/5 sess 3-5yrs	#111269

CHILDREN CAMP

Mar 14 - Mar 18	M/Tu/W/Th/F	8:30-3:30pm	\$143.50/5 sess 6-12yrs	#114771
Mar 21 - Mar 25	M/Tu/W/Th/F	8:30-3:30pm	\$143.50/5 sess 6-12yrs	#114773

*To further support public safety and reduce the spread of COVID-19, the City of Richmond continues to require the wearing of masks in all indoor City-operated facilities until advised otherwise.

[•] Masks will continue to be required when entering and inside common areas

[•] Customers using a facility for physical activity (i.e. taking a fitness class or swimming) or a program/class will not be required to wear a mask during their activity. However, they must continue to wear one in common areas of a building such as the main lobby, hallways, change rooms, stairwells and elevators.

[•] Exceptions are permitted for people with sensory, cognitive or physical disabilities; those with chronic health conditions who are unable to wear a face covering; and children age five and under. For additional information visit www.richmond.ca/masks

ADULTS

RACQUET SPORTS

TENNIS	(1.0-2.0)) - BEGINNER
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Jan 9 - Mar 6	Su	3:30-4:30pm	\$120.25/8 sess	18+yrs	#111793
Jan 11 - Mar 8	Tu	11:30-12:30pm	\$135.25/9 sess	18+yrs	#112001
Jan 12 - Mar 9	W	11:30-1:00pm	\$202.90/9 sess	18+yrs	#113431
Jan 13 - Mar 10	Th	6:30-7:30pm	\$135.25/9 sess	18+yrs	#113435
Jan 14 - Mar 11	F	10:30-12:00pm	\$202.90/9 sess	18+yrs	#113440

TENNIS (2.0-3.0) - INTERMEDIATE

Jan 11 - Mar 8	Tu	12:30-2:15pm	\$236.70/9 sess	18+yrs	#113596
Jan 12 - Mar 9	W	1:00-2:15pm	\$169.10/9 sess	18+yrs	#113449
Jan 13 - Mar 10	Th	9:30-11:00am	\$202.90/9 sess	18+yrs	#113452
Jan 13 - Mar 10	Th	7:30-9:00pm	\$202.90/9 sess	18+yrs	#113455
Jan 14 - Mar 11	F	12:00-1:30pm	\$202.90/9 sess	18+vrs	#113454

TENNIS (3.0-4.0) - ADVANCED

Jan 9 - Mar 6	Su	10:30-12:30pm	\$260.30/8 sess	18+yrs	#111759
Jan 10 - Mar 7	М	12:30-2:15pm	\$227.80/8 sess	18+yrs	#111862
Jan 11 - Mar 8	Tu	7:30-9:00pm	\$219.65/9 sess	18+yrs	#111957
Jan 13 - Mar 10	Th	1:30-3:30pm	\$292.85/9 sess	18+yrs	#113459

BADMINTON - INTERMEDIATE

lan 10 Mar 7	N/I	4.15 7.15pm	\$46 00/8 sess	10	#442000
ian iu- war /	IVI	0:15=7:150111	\$46 UU/X Sess	18+Vrs	#113900

ARTS - VISUAL

KNITTING - BEGINNERS

Jan 5 - Feb 2	W	7:00-8:30pm	\$57.90/5 sess	18+yrs	#112953
Feb 9 - Mar 9	W	7:00-8:30pm	\$57.90/5 sess	18+yrs	#112958

MUSIC PROGRAMS

UKULELE - ABSO	LUTE BEGINNERS
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Jan 10 - Feb 7	М	12:30-2:00pm	\$43.15/5 sess	55+yrs	#114299
Fe 28 - Mar 28	М	12:30-2:00pm	\$43.15/5 sess	55+yrs	#114306

UKULELE - BEGINNERS 1

Jan 10 - Feb 7	M	2:15-3:45pm	\$43.15/5 sess	55+yrs	#114308
Feb 28 - Mar 28	М	2·15-3·45pm	\$43.15/5 sess	55+vrs	#114311

UKULELE - BEGINNERS 2

Jan 12 - Feb 9	W	9:30-11:00am	\$43.15/5 sess	55+yrs	#114314
Mar 2 - Mar 30	W	9:30-11:00am	\$43.15/5 sess	55+yrs	#114403

UKULELE - BEGINNERS 3

Jan 12 - Feb 9	W	11:15-12:45pm	\$43.15/5 sess	55+yrs	#114410
Mar 2 - Mar 30	W	11:15-12:45pm	\$43.15/5 sess	55+yrs	#114412

UKULELE - INTERMEDIATE 1

Jan 11 - Feb 8	Tu	9:30-11:00am	\$43.15/5 sess	55+yrs	#114413
Mar 1 - MAr 29	Tu	9:30-11:00am	\$43.15/5 sess	55+yrs	#114418

UKULELE - INTERMEDIATE 2

Jan 11 - Feb 8	Tu	11:15-12:45pm	\$43.15/5 sess	55+yrs	#114423
Mar 1 - Mar 29	Tu	11:15-12:45pm	\$43.15/5 sess	55+yrs	#114437

UKULELE - INTERMEDIATE 3

Jan 11 - Feb 8	Tu	1:30-3:00pm	\$43.15/5 sess	55+yrs	#114438
Mar 1 - Mar 29	Tu	1:30-3:00pm	\$43.15/5 sess	55+yrs	#111445



VISUAL ARTS

SKETCHING

Jan 17 - Feb 14	М	9:30-11:00am	\$43.15/5 sess	55+yrs	#113535
Feb 28 - Mar 28	М	9:30-11:00am	\$43.15/5 sess	55+yrs	#113538

ACRYLIC PAINTING

Jan 17 - Feb 14	М	11:30-1:00pm	\$43.15/5 sess	55+yrs	#113556
Feb 28 - Mar 28	M	11:30-1:00pm	\$43.15/5 sess	55+yrs	#113558

DANCE

TAP DANCING - INTERMEDIATE

Jan 7 - Mar 25	F	12:30-1:30pm	\$69.00/12 sess	55+yrs	#113728
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HAWAIIAN HULA DANCING - BEGINNERS

Jan 7 - Mar 25	F	1:00-2:00pm	\$57.50/10 sess	55+yrs	#111298
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LINE DANCING - BEGINNER

Jan 6 - Mar 10 Th 2:00-3:00pm \$57.50/10 sess 55+yrs #113726

LINE DANCING - INTERMEDIATE

Jan 6 - Mar 10 Th 3:15-4:15pm \$57.50/10 sess 55+yrs #113727

MARTIAL ARTS

TAI CHI

Jan 6 - Mar 31	Th	11:45-12:45pm	\$71.50/13 sess	55+yrs	#113613
Jan 10 - Mar 28	М	11:45-12:45pm	\$60.50/11 sess	55+yrs	#113605

TAI CHI - ADVANCED

Jan 4 - Mar 29 Tu 11:45-12:45pm \$71.50/13 sess 55+yrs #113609







FITNESS

GROUP WEIGHT TRAINING - BEGINNERS

Jan 6 - Jan 27	Th	11:00-12:00pm	\$23.75/4 sess	55+yrs	#114391
Jan 11 - Feb 1	Tu	10:45-11:45am	\$23.75/4 sess	55+yrs	#114396
Feb 3 - Feb 24	Th	11:00-12:00pm	\$23.75/4 sess	55+yrs	#114392
Feb 8 - Mar 1	Tu	10:45-11:45am	\$23.75/4 sess	55+yrs	#114397
Mar 3 - Mar 24	Th	11:00-12:00pm	\$23.75/4 sess	55+yrs	#114393
Mar 8 - Mar 29	Tu	10:45-11:45am	\$23.75/4 sess	55+yrs	#114399

MINDS, MUSCLES AND MOBILITY

Jan 11 - Feb 15	Tu	10:30-11:30am	\$28.50/6 sess	55+yrs	#114232
Jan 13 - Feb 17	Th	10:30-11:30am	\$28.50/6 sess	55+yrs	#114238
Feb 22 - Mar 29	Tu	10:30-11:30am	\$28.50/6 sess	55+yrs	#114234
Feb 24 - Mar 31	Th	10:30-11:30am	\$28.50/6 sess	55+yrs	#114241

BETTER BACKS AND BALANCE - BEGINNERS

Jan 11 - Feb 15	Tu	11:45-12:45pm	\$28.50/6 sess	55+yrs	#114271
Jan 13 - Feb 17	Th	11:45-12:45pm	\$28.50/6 sess	55+yrs	#114253
Feb 22 - Mar 29	Tu	11:45-12:45pm	\$28.50/6 sess	55+yrs	#114274
Feb 24 - Mar 31	Th	11:45-12:45pm	\$28.50/6 sess	55+yrs	#114265



HEALTH AND WELLNESS

IKI IKI SOCIAL (JAPANESE AND ENGLISH)

Jan 6 - Mar 31 Th 1:00-3:00pm \$204.75/13 sess 55+yrs #114267

HEART FAILURE WORKSHOP

Jan 18 Tu 9:30-11:00am FREE/1 sess 55+yrs #113959

CHRONIC KIDNEY DISEASE PRESENTATION

Feb 15 Tu 9:30-11:00am FREE/1 sess 55+yrs #113961

JUST FOR YOU - HEALTH TALK WORKSHOP

Feb 16 W 11:00-12:00pm FREE/1 sess 55+yrs #114986

HYPERTENSION AND NUTRITION

Mar 15 Tu 9:30-11:00am FREE/1 sess 55+yrs #113967

SPECIAL EVENTS/OUT TRIPS

OLD SPAGHETTI FACTORY TRIP

Jan 19 W 9:30-2:30pm \$23.00/1 sess 55+yrs #113974

DICKENS SWEETS AND BRITISH MUSEUM TRIP

Feb 23 W 10:00-3:30pm \$55.00/1 sess 55+yrs #113975

BIRDING IN STANLEY PARK TRIP

Mar 16 W 9:30-3:45pm \$25.00/1 sess 55+yrs #113971





FITNESS

MIND BODY

YOGA - CORE					
Jan 14 - Feb 18	F	11:00-12:00pm	\$50.10/6 sess	18+yrs	#113629
Feb 25 - Apr 1	F	11:00-12:00pm	\$50.10/6 sess	18+yrs	#113927
YOGA - RESTORA	ATIVE				
Jan 10 - Feb 14	M	6:20-7:35pm	\$62.65/6 sess	18+yrs	#114301
Feb 28 - Mar 28	M	6:20-7:35pm	\$52.20/5 sess	18+yrs	#114304
YOGA - YIN STYL	.E				
Jan 12 - Feb 16	W	7:15-8:30pm	\$62.65/6 sess	18+yrs	#114280
Feb 23 - Mar 30	W	7:15-8:30pm	\$62.65/6 sess	18+yrs	#114285
PILATES AND YOGA COMBINATION					
Jan 10 - Feb 14	М	9:30-10:45am	\$62.65/6 sess	18+yrs	#113920
Jan 12 - Feb 16	W	9:30-10:45am	\$62.65/6 sess	18+yrs	#113922

CYCLING

Feb 28 - Mar 28 M

CYCLE AND STRENGTH

Jan 10 - Feb 14	М	7:15-8:15pm	\$45.90/6 sess	18+yrs	#114215
Jan 12 - Feb 16	W	6:00-7:00pm	\$45.90/6 sess	18+yrs	#114220
Feb 23 - Mar 30	W	6:00-7:00pm	\$45.90/6 sess	18+yrs	#114230
Feb 28 - Mar 28	М	7:15-8:15pm	\$38.25/5 sess	18+yrs	#114216

DANCE FITNESS

Feb 23 - Mar 30 W 9:30-10:45am

9:30-10:45am

ZUMBA®

Jan 11 - Feb 15	Tu	6:30-7:30pm	\$45.90/6 sess	18+yrs	#113936
Jan 13 - Feb 17	Th	9:15-10:15am	\$45.90/6 sess	18+yrs	#113930
Feb 22 - Mar 29	Tu	6:30-7:30pm	\$45.90/6 sess	18+yrs	#113939
Feb 24 - Mar 31	Th	9:15-10:15am	\$45.90/6 sess	18+yrs	#113934



\$62.65/6 sess

\$52.20/5 sess

18+yrs #113924

#113923

18+yrs

FITNESS

SPECIAL INTEREST

SIMPLY STRETCH

Jan 10 - Feb 14	M	5:15-6:15pm	\$45.90/6 sess	18+yrs	#114030
Feb 28 - Mar 28	М	5:15-6:15pm	\$38.25/5 sess	18+vrs	#114031

WEIGHT TRAIN SMARTER

Jan 7 - Jan 28	F	7:00 - 8:00pm	\$45.35/4 sess	18+yrs	#114400
Jan 8 - Jan 29	Sa	10:30-11:30am	\$45.35/4 sess	18+yrs	#114406
Feb 4 - Feb 25	F	7:00 - 8:00pm	\$45.35/4 sess	18+yrs	#114401
Feb 5 - Feb 26	Sa	10:30-11:30am	\$45.35/4 sess	18+yrs	#114407
Mar 4 - Mar 25	F	7:00 - 8:00pm	\$45.35/4 sess	18+yrs	#114404
Mar 5 - Mar 26	Sa	10:30-11:30am	\$45.35/4 sess	18+vrs	#114409

MOM AND BABY INDOOR STROLLERFIT

Jan 11 - Feb 15	Tu	10:15-11:15am	\$45.90/6 sess	16+yrs	#114635
Jan 13 - Feb 17	Th	10:15-11:15am	\$45.90/6 sess	16+yrs	#114389
Feb 22 - Mar 29	Tu	10:15-11:15am	\$45.90/6 sess	16+yrs	#114636
Feb 24 - Mar 31	Th	10:15-11:15am	\$45.90/6 sess	16+yrs	#114390

WALKING AND RUNNING

OUTDOOR - NORDIC POLE WALKING AND STRENGTH

Jan 10 - Jan 31	М	10:00-11:00am	\$30.60/4 sess	18+yrs	#114145
Jan 12 - Feb 2	W	10:00-11:00am	\$30.60/4 sess	18+yrs	#114166
Feb 7 - Mar 7	М	10:00-11:00am	\$30.60/4 sess	18+yrs	#114163
Feb 9 - Mar 9	W	10:00-11:00am	\$38.25/5 sess	18+yrs	#114168

SPORTSMEDBC 10K INTRAINING PROGRAM

Jan 19 - Apr 13 W 6:00-8:00pm \$103.95/13 sess 18+yrs #116183

FITNESS CENTRE INFO

We are excited to welcome you all back to our fitness centre in a safe and meaningful way!



FALL HOURS OF OPERATION

*Effective September 7

SUNDAY 730AM - 6PM

MONDAY 6AM - 930PM

TUESDAY 6AM - 930PM

WEDNESDAY6AM - 930PM

THURSDAY 6AM - 930PM

FRIDAY 6AM - 930PM

SATURDAY 730AM - 6PM

MAX O SEPTORES TO SEPTORES TO

Group Fitness Classes are included with a Fitness Pass or can be purchased as a single visit. Class offerings may vary.

Please visit <u>richmond.ca/register</u> to see our latest classes and register. Find classes by clicking the BROWSE AND REGISTER button. Under the Adults section, choose "Fitness" to see in-person classes or "Online Programs" to see online classes.

FITNESS CENTRE FEES

*Effective September 1

Drop-In Fees

Adult (19-55)	\$6.45
Youth (13-18)	\$4.60
55+	\$4.60

Passes	Adult	Youth/55+
1 MONTH	\$55	\$43
3 MONTHS	\$120	\$97
6 MONTHS	\$205	\$205
1 YEAR	\$344	\$276
FAMILY ADD-ON*	\$277	N/A

*For immediate family members residing in the same residence. With purchase of a 1 year Fitness Adult Pass, one additional adult my be added for the price listed. Must be purchased at the same time

FITNESS CENTRE INFORMATION

- Advance registration for Fitness Centre visits no longer required.
- Fitness drop-in payment, memberships and visit cards accepted at front desks.
- No time limits for Fitness Centre visits.
- Change rooms, lockers and showers available for
- Masks optional while exercising but required in common areas of the building.

SINGLE SESSSION FITNESS CLASSES

Schedule starts September 7

Sunday	Monday	Tuesday	Wednesday	/ Thursday	Friday	Saturday
Hatha Yoga 9:15 - 10:15am	Low Impact Cardio and Core 9:00 - 10:00am	Cyclefit 8:15 - 9:00am Pre-registration required	Dancefit 9:00 - 10:00am	Cyclefit 8:15 - 9:00am Pre-registration required	Total Body Conditioning 9:00 - 10:00am	Dancefit 9:00 - 10:00am
Cyclefit 10:00 - 10:45am Pre-registration required	Outdoor Intervals 9:15 - 10:15am Pre-registration required	Total Body Conditioning 9:00 - 10:00am	Fit and Functional (Virtual & In person) 10:15 - 11:15am Pre-registration required for Virtual Participation	Cardio Core and Strength 10:15 - 11:15am	Fit and Functional (Virtual & in person) 10:15 - 11:15am Pre-registration required for Virtual Participation	
	Fit and Functional (virtual & In person) 10:15 - 11:15am Pre-registration required for virtual Participation	Hatha Yoga 5:15 - 6:15pm	Chair Fitness (Virtual Only) 10:30 - 11:30am Pre-registration required	Hatha Yoga 11:00 - 12:00pm		
	Yoga in the Park 10:30 - 11:30am Pre-registration required	Cyclefit 7:00 - 7:45pm Pre-registration required	Hatha Yoga 11:00 - 12:00pm	Silver Cycle 6:15 - 7:00pm Pre-registration required		
	Chair Fitness (Virtual Only) 10:30 - 11:30am Pre-registration required		Hatha Yoga 6:00 - 7:00pm			
	Core and					ALC: NO.

FITNESS FEES (TAX INCLUDED)

Strength 6:30 - 7:30pm

DROP-IN:

ADULT: \$6.45/1 SESSION SENIOR: \$4.60/1 SESSION YOGA: \$8.75/1 SESSION

ONLINE:

ADULT: \$5.65/1 SESSION **SENIOR:** \$5.00/1 SESSION

Or use your reactivated Steveston Total Fitness Pass! Passes from other centres can be used with a \$1 additional fee (except yoga).





How to Book

Online: <u>www.richmond.ca/register</u>

In Person at the Front Desk

Registration Call Centre: 604 276 4300

Monday - Friday 8:30am - 5:00pm

* Pre-registration available for classes on Monday the week prior to class. Book Cycle Class at Noon via telephone, in person or online Book Outdoor classes at 8am in person or via telephone/ 6:30am online

STAY SAFE

Prevention is Key!

We have new health and safety protocols in place to help reduce the transmission of COVID-19.

Our programs and activities are subject to change as we continue to add and adapt programming.

Thank you for your patience!



What to Expect

Pre-registration is required for all activities

- Drop-ins are not permitted
- Register online 24 hours a day at www.richmond.ca/register
- Register by phone: 604 276 4300
 - Monday Friday; 8:30 5:00pm

Masks required in facility

- Masks required in facility including entering, exiting and participating in programs or services offered
- Learn more about mask wearing guidelines: richmond.ca/masks

Physical distancing measures in place

- Distance of 2m (6 feet) required between participants at all times
- Directional arrows marked on the floor
- Reduced numbers of participants in programs
- Spaced out equipment in programs and activities

Increased cleaning and sanitization

- Hand sanitizer stations provided
- Equipment, supplies and high touch areas disinfected regularly throughout the day

Prepare ahead for your visit

- Arrive a max of 5 minutes prior to your session; line up at the designated entry point.
- Limited washroom access provided; change rooms and showers are unavailable
- Please do not attend your program or activity if you are feeling unwell. Learn more about the signs and symptoms at <u>richmond.ca/covid19</u>

Learn more

www.richmond.ca/steveston