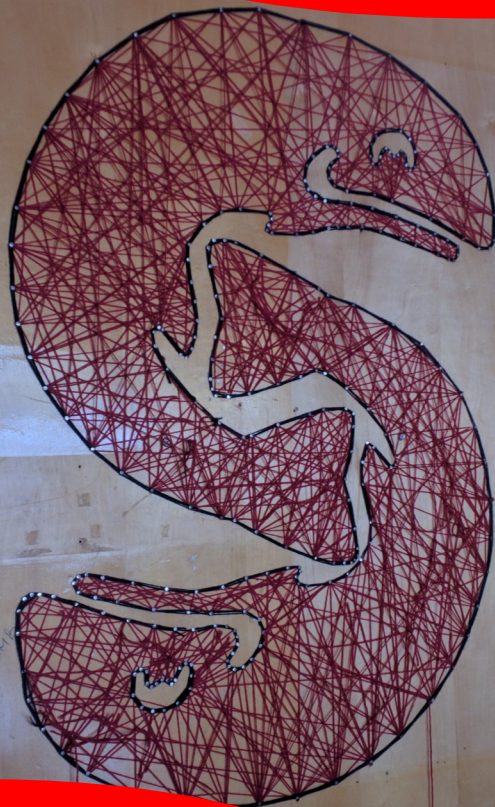


PRETEEN & YOUTH SUMMER 2017



STEVESTON COMMUNITY CENTRE



4111 Moncton Street
Richmond, BC
V7E 3A8
604-238-8080



STEVESTON YOUTH DEVELOPMENT COORDINATOR

Andrew Chornohus

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604-238-8019

CITY OF RICHMOND YOUTH STAFF TEAM

Advisor Youth Services: 604-276-4110

Roving Outreach Worker: 604-870-3453

Roving Outreach Worker: 604-516-9538

YOUTH IN THE FITNESS CENTRE

Youth 13 to 17 years old are encouraged and are welcome to use City of Richmond recreation facilities with the following requirements:

- Submission of a completed and signed Parental Consent Form and PARQ+ Form found at www.richmond.ca/fitness
- Completion of a Youth Orientation session*

*Those 13 to 15 years are required to take this session regardless of previous weight training experience. A session is not required for those 16 to 17 years with previous weight training experience if noted on the signed Parental Consent Form. However, a meeting with a Fitness Attendant to read and sign a Fitness Centre Etiquette form is mandatory. Sessions are free with admission and can be booked at any facility. Parent consent only needs to be completed once and are transferrable to all City of Richmond recreation fitness centres.

Games Room Pass

Games Room Pass	Youth 13-17	Adult 18+
Drop-in	\$2.35	\$2.35
1 Year	\$7.00	\$13.00

- Get access to our pool tables, foosball and other equipment within our games room.
- Games room access subject to change and availability.
- Programs take precedent over games room drop-in.

YOUTH DROP-IN PROGRAMS

STIR IT UP YOUTH COMMUNITY KITCHEN

This program provides a safe and supportive environment for Richmond's low-asset youth to practice healthy, sustainable, and local food choices. Weekly sessions consist of communally creating and sharing a nutritious meal.

Thursday 4:00 - 6:00pm FREE 13-21yrs **Kitchen**

YOUTH GYM DROP-IN PROGRAMS

Badminton	Wednesday	3:30 - 5:30pm	\$2.40 per person	13-18yrs
Basketball	Thursday	7:30 - 9:30pm	\$2.40 per person	13-18yrs
Basketball	Friday	3:00 - 6:00pm	FREE	13-18yrs
Open Gym	Sunday	4:30 - 6:30pm	\$2.40 per person	13-18yrs
Open Gym	Tuesday	7:30 - 9:30pm	\$2.40 per person	13-18yrs
Open Gym	Saturday	5:00 - 6:30pm	\$2.40 per person	13-18yrs



Follow us on Facebook @ Steveston Community Centre
or on Twitter @ StevestonCS



REGISTERED PRETEEN PROGRAMS

BASKETBALL

Jul 10 - Jul 14	M - F	11:30-1:00pm	\$36.60/5 sess	9-12yrs	#1905655
Jul 31 - Aug 4	M - F	11:30-1:00pm	\$36.60/5 sess	9-12yrs	#1905656

GUITAR - LEVEL 1

Jul 15 - Aug 26	Sa	12:00-1:00pm	\$49.00/7 sess	9-18yrs	#1991189
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GUITAR - LEVEL 2

Jul 15 - Aug 26	Sa	1:00-2:00pm	\$49.00/7 sess	9-18yrs	#1991788
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SINGING - YOUTH VOICES

Jul 13 - Aug 31	Th	5:30-6:30pm	\$56.00/8 sess	10-15yrs	#1905941
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OUTDOOR TRIPS AND TOURS

CAMPING TRIP

Join others on this three day adventure that includes getting out into nature, learning some survival techniques and a final, fun day at the Cultus Lake Water park. Price includes all supplies and admission. Parent Consent Form is required.

Aug 1 - Aug 3	Tu-Th	9:00-4:00pm	\$247.50/3 sess	13-18yrs	#1995888
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SUMMER DAYCAMPS

ADVENTURE CAMP - PRETEENS

Jul 17 - Jul 21	M - F	9:30-3:30pm	\$177.00/5 sess	9-12yrs	#1905849
Jul 24 - Jul 28	M - F	9:30-3:30pm	\$177.00/5 sess	9-12yrs	#1905850
Aug 14 - Aug 18	M - F	9:30-3:30pm	\$177.00/5 sess	9-12yrs	#1905851
Aug 28 - Sep 1	M - F	9:30-3:30pm	\$177.00/5 sess	9-12yrs	#1905852

ADVENTURE CAMP - YOUTH

Jul 11 - Jul 13	Tu-Th	9:30-3:30pm	\$106.20/3 sess	11-16yrs	#1988888
Jul 25 - Jul 27	Tu-Th	9:30-3:30pm	\$106.20/3 sess	11-16yrs	#1988938
Aug 22 - Aug 24	Tu-Th	9:30-3:30pm	\$106.20/3 sess	11-16yrs	#1989188
Aug 29 - Aug 31	Tu-Th	9:30-3:30pm	\$106.20/3 sess	11-16yrs	#1989038

ENTREPRENEURS CAMP

Aug 15 - Aug 17	Tu-Th	10:00-4:00pm	\$106.20/3 sess	11-16yrs	#1905857
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WILDERNESS CAMP

Jul 18 - Jul 20	Tu-Th	10:00-4:00pm	\$131.75/3 sess	11-16yrs	#2009188
Aug 8 - Aug 10	Tu-Th	10:00-4:00pm	\$131.75/3 sess	11-16yrs	#2009189

YOUTH INTEGRATION CAMP

Jul 10 - Jul 14	M - F	9:30-3:30pm	\$177.00/5 sess	12-18yrs	#1906089
Jul 31 - Aug 4	M - F	9:30-3:30pm	\$177.00/5 sess	12-18yrs	#1906090
Aug 8 - Aug 11	Tu - F	9:30-3:30pm	\$141.60/4 sess	12-18yrs	#1906091
Aug 21 - Aug 25	M - F	9:30-3:30pm	\$177.00/5 sess	12-18yrs	#1906092

Please see our Summer Day Camp Calendars at the front desk for information regarding other day camps and themes for a variety of ages including preschool, children and youth!

PRETEEN AND YOUTH RESOURCES

BC PROBLEM GAMBLING HELPLINE

Free, confidential, non-judgemental support by a professional counsellor. Available 24/7 if you or a loved one is struggling with gambling.

Telephone: 1-800-795-6111

Website: www.bcresponsiblegambling.ca

CHIMO CRISIS LINE

Free, confidential and non-judgemental emotional support provided 8:00am to midnight, seven days a week. The Crisis line provides triage and direct links for callers to Richmond mental Emergency Services when needed.

Telephone: 604-279-7070

CHIMO YOUTH COUNSELLING

Free, short term counselling with qualified counsellors is provided to youth 13 to 19 years old who are experiencing crisis in daily living. Crisis could include feeling stressed, depressed and/or anxious, having problems with family members and friends, facing situations of bereavement or loss, and being at risk for suicide. Talks for groups can be arranged. Parent and professional consultations are also available.

Monday to Friday 9:00am - 4:30pm

Telephone: 604-279-7077

Address: #120-7000 Minoru Boulevard

KIDS HELP PHONE

Kids Help Phone has phone and web counselling for people age 20 and under. It is a free service and lines are open 24 hours a day, 7 days a week. Kids Help Phone is anonymous, confidential and non-judgemental.

Telephone: 1-800-688-6868

Website: www.kidshelpphone.ca

PLEA

PLEA offers a continuum of services for young people whose substance use is problematic. All these services use their unique family care model so that youth can remain connected to the community, and they can provide the individualized services and support the youth needs to achieve their goals.

Telephone: 604-871-0450

Website: www.plea.ca

Email: info@plea.bc.ca

Address: 3894 Commercial Street

PRETEEN AND YOUTH RESOURCES

RICHMOND ADDICTIONS SERVICES SOCIETY (RASS)

RASS offers individual and family counselling, outreach counselling and case management to seniors at home, addiction education seminars, support groups as well as the Constructive Alternative to Teen Suspension (CATS) program with the Richmond School District. They involve youth and family members in the entire process of counselling to attain the most desirable of outcomes. Their programs also incorporate alternative approaches such as yoga, meditative practices and ear acupuncture when possible.

Telephone: 604-270-9220

Address: #200-7900 Alderbridge Way

RICHMOND FOOD BANK

The Food Bank offers grocery parcels to Richmond residents during four distribution times every week.

Tuesday: 3:30 - 5:00pm

Peace Mennonite Church

Wed & Thurs: 6:00-7:00pm

#100-5800 Cedarbridge Way

Website: info@richmondfoodbank.org

RICHMOND YOUTH SERVICE AGENCY (RYSA)

Richmond Youth Services Agency is a leading provider of programs and services that are responsive to the diverse needs of children, youth and families in Richmond, BC.

Telephone: 604-271-7600

Address: #100-7900 Alderbridge Way

Website: www.rysa.bc.ca-info@rysa.bc.ca

RICHMOND YOUTH CLINICS

These clinics provide free and confidential health counselling, birth control, pregnancy tests, pregnancy counselling, testing for sexually transmitted infections, and help with personal/school problems to youth up to the age of 21 years. Services are free and all genders are welcome.

East Richmond Community Hall 12360 Cambie Road Tues 1:00 - 4:00pm

Richmond Place

8100 Granville Ave

Wed 2:30 - 5:00pm

Telephone: 604-233-3204

Website: www.vch.ca/your-health/youth



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